

Care Matters Advisory Group Meeting 17th August 2022

Attendees: Wendy Brenkley (Complex Care Network), Emily Acraman, Karen Miles (Parent 2 Parent), Katrina Fletcher (Carers NZ), Janine Hoete-Thornton (CCSDA), Christine Zander – Campbell (Supporting Families), Courtney Naera (Independent), Lianne Clarke (SAMS Lead Care Matters Facilitator), Dr. Carey – Ann Morrison (CEO – SAMS), and Tina Lincoln (Care Matters Development Manager and Secretariat Support – Care Matters),

Apologies: Andrea Crutchley (Independent), and Tony Payne (Unable to keep involvement)

Opened with Karakia 10.15 am

General Update

Introductions and reconnect (everyone)

Updates

- General Updates
- Updates from organizations and Independents

Concerns with lack of respite, staff wellness, Education, covid – and staff shortages, older carers, and state of caring. Active social media platforms have misinformation as messaging which can be a concern for some families, especially in the 'Enabling Good Lives' messaging and funding.

Current Position:

From September 2021 – May 2022 we have had 1149 workshop participants and 30 workshops throughout New Zealand. This equates to an average of 13 attendees per workshop. We have also facilitated 12 Kitchen Tables around New Zealand including online learning opportunities through Zoom.

We continue to be challenged by Covid, and most families and Whanau are wanting to return to face-to-face learning.

We continue to note that face-to-face information sharing is estimated to be 14 times more effective than other forms of communication and the benefit of having one person attend a face-to-face session can positively impact an entire family/personal network.

Overall Care Matters participants consistently give workshops a high satisfaction rating (for this reporting period we currently have 96% of participants rating Care Matters workshops between good to excellent).

Over these 9 months, 12% of workshop participants were Māori, and 10% were NZ European/Maori. The people who attend the workshops are predominately European women (55%), Chinese (2%), Indian (2%), 10% indicated other, and 9% did not indicate ethnicity.

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Update - Summary of Care Matters results and achievements (Tina Lincoln)

At the current time, we are tracking to complete all 37 workshops and 15 Kitchen Tables for the 2021 – 2022 contract round.

We continue to have a positive relationship with our contracts Manager who has transferred from the Ministry of Health to Whaikaha – Ministry of Disabled People.

The Advisory Group was provided with a summary of results from:

- Care Matters Reporting Summary 6 monthly reports September 2021 – February 2022, and quarterly reports from 1st March – 31st May 2022 including stats and analytics
- ToR – Original – reference for the need to be updated from a previous Advisory Group Meeting
- Resource update to date

We have completed face-to-face and Zoom meetings during this period.

Resource Update

Development of new resources, year-to-date include Sept 2021 – Nov 2021

P2P

- <https://carematters.org.nz/alternatives-to-traditional-respite-care/>
- <https://carematters.org.nz/wp-content/uploads/2021/08/Support-Group-resource.pdf>
- <https://carematters.org.nz/wp-content/uploads/2021/08/Puberty-resource.pdf>
- <https://parent2parent.org.nz/wp-content/uploads/2021/11/Vision-Creation-resource.pdf>

SAMS

- [Mechanics of Enabling Good Lives](#)
- [Health and Wellbeing APP booklet](#)
- [Enabling Good Lives Approach and principles – Printed Booklet](#)

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- [Balancing Caring with Work and Study](#)
- [WINZ Financial Support](#)
- [Having a Home](#)
- [WINZ Financial Support](#)

Resource Development – an endorsement from Advisory Group:

The Advisory Group were presented in February 2022 with ideas from SAMS, Parent 2 Parent, and additional ideas from the Advisory Group and their networks.

SAMS

- Five resources to complement the [Enabling Good Lives Approach and principles – Printed Booklet](#)
- Part 1, Whakapapa of EGL
- Part 2, EGL Principles and Approach
- Part 3, EGL Focus and Planning
- Part 4, Negotiating what you want & Self-review
- Part 5, Community Development

P2P

- Welfare Guardianship & PPPR
- Video Resource to support Sibshops
- A written resource to support IEP workshops – participant-led

P2P requested an amendment to their resource development and the following was agreed to. (This will replace the above from P2P)

- Welfare Guardianship & PPPR – (Provide Information, live links, and timeframes)
- Education; two resources as below.
 1. Rights and frameworks approach
 2. IEP refresh – roles, the process to goal setting, and evaluation

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Discussion for resources for the February 2023 meeting included.

Action.

- Parent's wellbeing (focus on young parents) – ALL advisory Group members bring resources together for the February meeting and refine 'how this may develop'
- NASC engagement – Care Matters to bring existing resources and look at a refresh to include Enabling Good Lives

Next meeting to discuss Advisory Group Membership and succession planning.

Finishing Comments for the day:

Enlightening
Hopeful
Busy
Invigorating
Collaboration
Great Conversations
Connected
Lots of work to do
OMG

Closed with Karakia at 2pm

Next Meeting Date:

Thursday the 16th of February 2023, 10 am – 3 pm, in Palmerston North (venue TBC). Face to face and/or ZOOM.