

CARE MATTERS

LEARNING & WELLBEING

Flexibility of Carer Support and Individualised Funding



Family and Whānau Survey , April 2021



Survey Completed by 109 Families and Whānau NZ

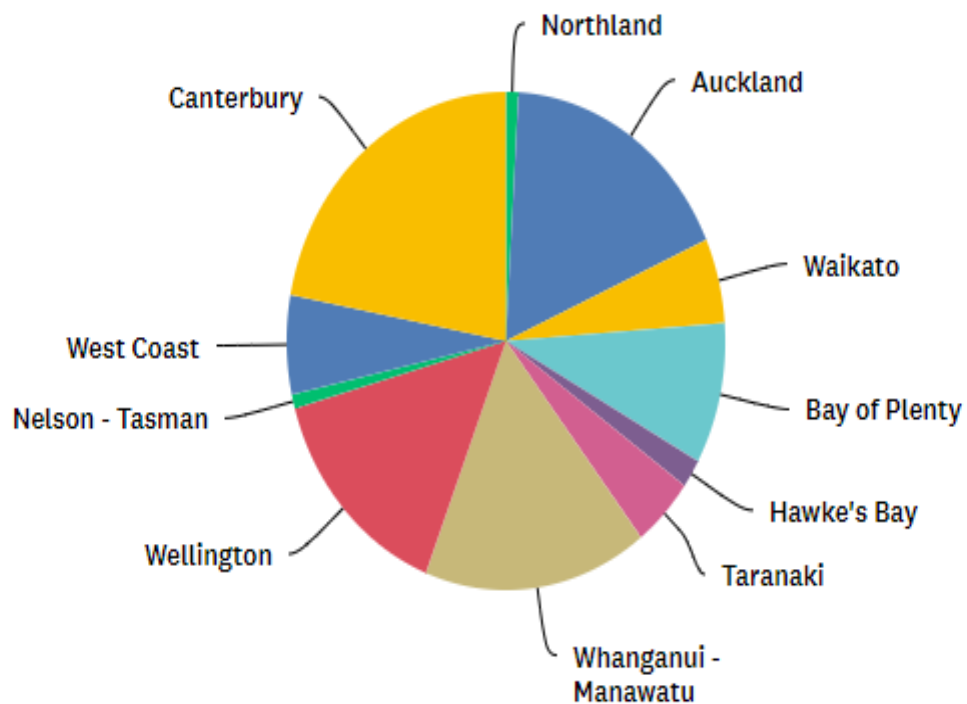
We are Not for Profit Trust and we are a resource for Family and Whānau from Family and Whānau. www.carematters.org.nz



We have collated information from the survey results to share ideas and experiences with Families and Whānau throughout New Zealand

What region do you live in New Zealand

Answered: 109 Skipped: 0



What was the most successful way you were able to use 'Flexibility of Carer Support and Individualised Funding'

Activities

Craft - Art - Lego -
Games

Sports - Camping - Trike

Swing - Gardening Tools



Sensory

Noise cancelling
headphones

Egg Chair - **Sensory** Sock

Weighted Blanket

Trampoline - Beach Chair

Canopy Bed - Chewellery

Getting a Break

Swimming Lessons

Flexible / Extended
Break

Accessing Community

Cleaner

Paid Family Carer

What was the most successful way you were able to use 'Flexibility of Carer Support and Individualised Funding'

Therapy

Wellbeing for Carer

Physio

Speech Therapy

Music Therapy

Life Coach

Experiences

Autism **Holiday**
Programme

Driving Miss Daisy

After School **Activities**



Breaks in the Home

Chromebook

Tablet - Laptop

Ipad - Computer

Nintendo

Lifeproof Case



Understanding Families and Whānau survival during Covid 19 Lockdown

What difference did 'Flexibility of Carer Support and Individualised Funding' make in your 'Family Members' Life?



Skills

Lifeskills

Structure - Secure - **Safe**

Learn to Play

Explores More

Emotional - **Regulate**

Experiences

Burnt off Energy

Access Community

Live Independently

Meet New People

Afford Items

Outcomes

Relaxed - **Calm** - Happy

Got a **Break - Sleep**

Self Engaged - Meet Goals

Less Meltdowns - **Less
Stress**

Better **Communication**

What difference did 'Flexibility of Carer Support and Individualised Funding' make in your Life?



Experiences

Able to hold down a **Job**

Hope - **Happier** - Safe

'Saved My Life'

Supported - Calm - **Relax**

Calmer Child

Relationships

Like being a **'Mum'** again

Stronger **relationships**

Less Meltdowns

Happy Child/Happy
Mum

Happier **Siblings**

Outcomes

Space to **Breathe**

Got a **Break-Peace of
Mind**

Safe and Secure

Less Financial Stress

Got things done-**Freedom**

What difference did 'Flexibility of Carer Support and Individualised Funding' make for your wider Whānau?



Experiences

Hopeful - Freedom

Rest - Relaxation - Happy

Less Tension - Pressure

Peaceful Home

Less Stress-**Communicate**

Relationships

Trusted Relationships

Coming **Together**

Less Burnout

Equal Family Member

Quality Time with Family

Outcomes

Able to Get a **Break**

Red tape removed

Happier - **Feeling Valued**

Choice to Employ

Entertained by Purchases

Some Additional Quotes - Worked Well

Getting A Break

So **amazing** to be able to do this. Often it's more than respite we need and this did it for us

Flexibility

Flexi funding is brilliant allows families to purchase what is specifically **needed for their child's needs**, without all the questions or roadblocks.

Appreciation

For our family it's been huge, incredible and has **transformed our lives** in so many ways and given us options & **opportunities** we didn't previously have

Time Out

The respite and **timeout** I've had has also been **incredible and so needed**

Some Additional Quotes - Challenges

Limited Support

Don't you want to know about the families who are **struggling because they can't afford caregivers**

Payment

I find it **difficult to find someone** to work a full day for carer support paying much less than the minimum wage

Equality

It would be wonderful if **DHB funding would be flexible too**

Wants

What about **IChoose, EGL? - More Flexible**

Some Additional Quotes - Suggestions

Process

Would like carer support **forms to be online** and not physical paper.

Assessment - inconsistencies

Would like **consistency** with Needs Assessment

Ministry of Education

Wish there was **more overlap with MOE** - that system is not about enabling good lives!

Limited Resource

Wish we could get the career support **funds at the beginning of the year in a lump so we can use it easier.**

Care Matters would like to thank **ALL** Families and Whānau who took the time to complete this survey

