



*Feel like getting out
and catching up with
some other families?
Come and join us!*

Our get togethers are held in line
with the Ministry of Health
guidelines re: Covid-19

Mid-Northland 31st July

**Time: 9.30am – 2.30pm or
5.30pm – 9pm (TBC)**

Venue confirmed on registration

Food provided

Facilitators with lived experience

Please fill out the [registration form](#)
or contact Maureen on:

Freephone: 0508 726 769

Txt: 027 414 5267

Email: samsno@actrix.co.nz

EXPLORE – LEARN – CONNECT

Current, relevant, practical
information for family, whānau
and carers of children and adults
with disabilities - in a relaxed
environment.

Topics to meet your local needs.

For example, carers have previously
requested information on:

- Understanding Funding
- Managing Stress/Wellbeing
- Effective communication
- Enabling Good Lives and Planning for the Future

A service provided by SAMS and Parent to Parent

