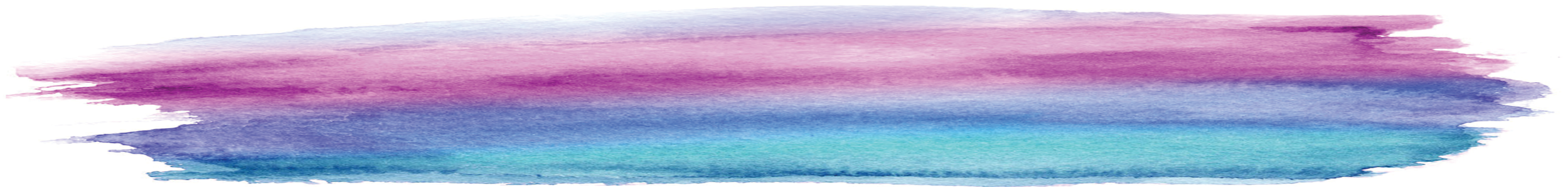


The Planning



“Personal Planning” is a way of looking at people in terms of their whole life.

None of us is just a label.

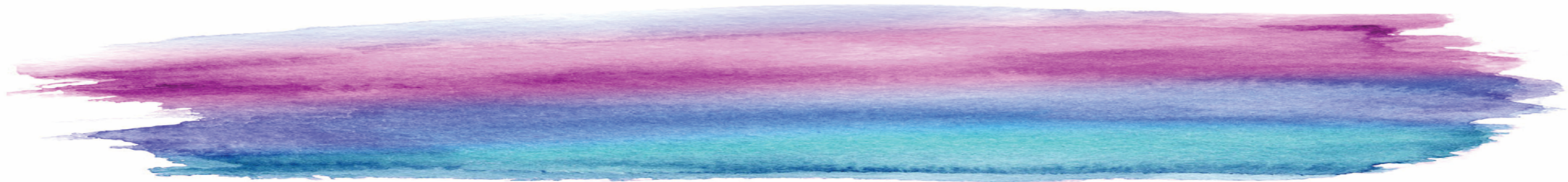
We all have strengths, wants, needs, likes and dislikes.

What are your dreams?

What are your nightmares?

Who is committed to assisting you?

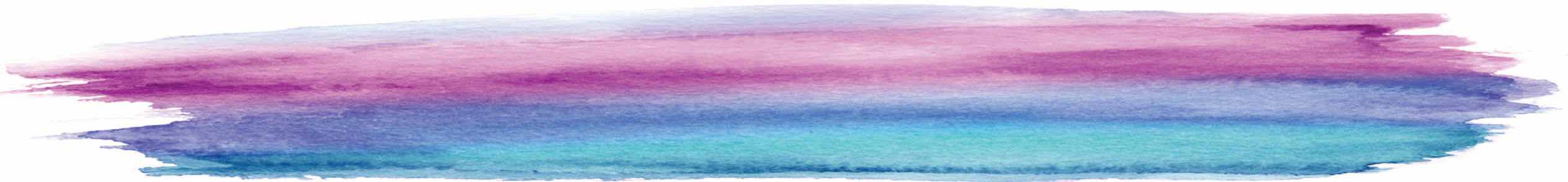
Who can help you expand your life?

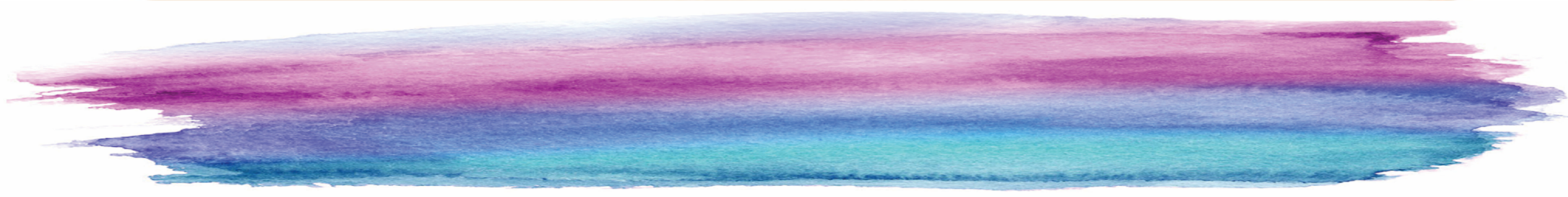


So many models, so many ways to begin thinking of the plan equals....

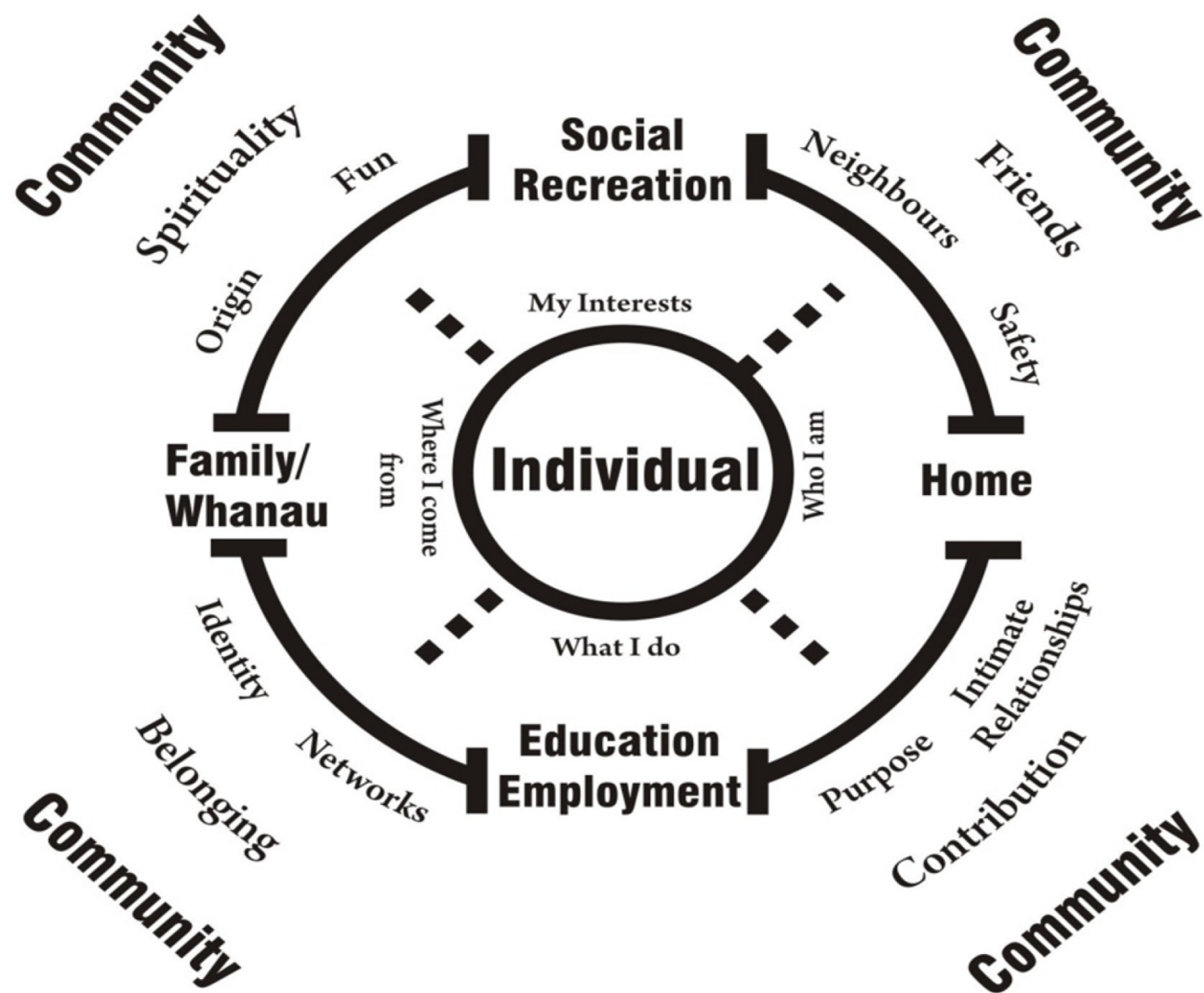


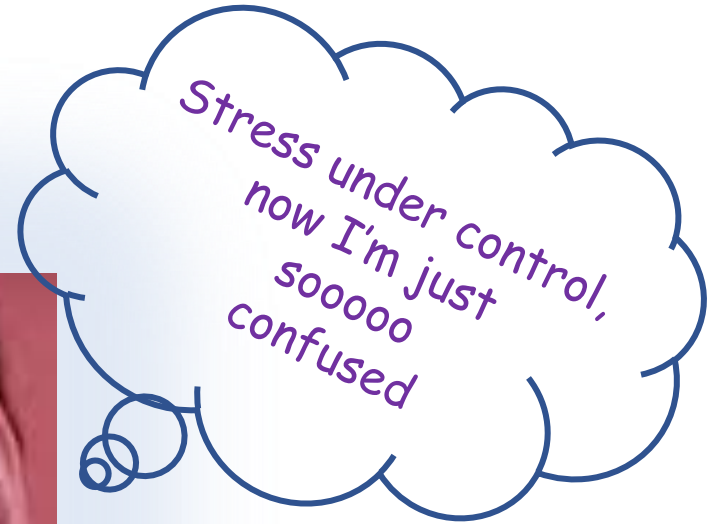
Lets
break it
down





Being connected with family/whanau <ul style="list-style-type: none">• Loving and caring relationships and belonging	Having friendships	Employment <ul style="list-style-type: none">• Enough money so I can have some choices
Living where I want with whom I want <ul style="list-style-type: none">• A home / a place where I can be myself	Education	Contributing to the community <ul style="list-style-type: none">• Opportunities to make a meaningful contribution and respect within my community
Having fun	Being valued	Being able to get around





Foundation

- The Principles
- What's my communication style
- What networks do I have?
- My achievements
- My strengths and preferences

Destination

- Where do I want to be in my life?
- What do I imagine for my future?
- My dreams
- What is a "good life" for me?

Pathway

- The steps that I will need to put in
- Goals - specific and achievable tasks
- How will I build my "good life"?
- Required supports, services, resources, allies

Experience

- The results!

**Homework
time!**

Take this sheet home, and
discuss with your network