

CARE MATTERS

LEARNING & WELLBEING

A PARTNERSHIP BETWEEN
SAMS
&
PARENT TO PARENT



Families in the New Era



We asked for change!!



Are We Ready For it??

The Principles of Enabling Good Lives

✓ A fundamental set of principles that underpins future disability supports:

- self determination
- beginning early
- person centred (person directed)
- ordinary life outcomes
- mainstream first
- mana enhancing
- easy to use
- relationship building



The old approach



- **The government and services seem to have all the power.**
- **Hard to find the information we need.**
- **Lots of assessments.**
- **We must choose from existing services.**

The new approach



- We have more control over resources.
- Clear information
- We can build what we need and want
- There is lots more flexibility for everyone

How can we prepare?

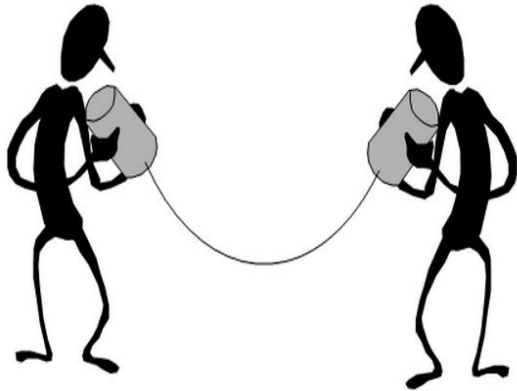


- Think about what a “good life” might look like for you
- Try to identify things you really want
- How this might happen?
- Dream big!



- Consider the types of things a service or organisation could do to make your life easier
- If we can choose what supports or services look like – what would that be for me?
- Effective Communication

DESC effective communication



By Bower and Bower

- **D** Describe the situation you want to change
- **E** Express (one emotion)
- **S** Specify what you would like different
- **C** Consequence- the positive outcome when the change has been made

Emphasize 4 sentences

What we can do now...

- **Connect with other families/whanau to make sure your views are heard and understood**
- **Spend some time thinking about how you can describe yourself and your situation to others.**

LINKS

Enabling Good Lives Website

<http://www.enablinggoodlives.co.nz/about-egl/egl-approach/principles/>

System Transformation – MidCentral Region only

<http://www.manawhaikaha.co.nz>

Family Resource Information

<https://carematters.org.nz/>

<https://www.facebook.com/caremattersnz/>

- Thank you

Please take the time to give us
feedback

