

# Overview of Personal Budget-holding options



**Figuring out what funding is available, where it is available and what it is used for can be a daunting task. Read on for an overview of the Disability Support Services (DSS) available in New Zealand.**

## Can I get funding?

Disability Support Services (DSS) are available to people who have physical, intellectual or sensory disabilities which are likely to last longer than 6 months, and which limit their ability to function to the point that ongoing support is needed.

Some neurological conditions and developmental disabilities (such as autism) are also eligible for DSS.

Psychiatric, personal health or age-related conditions as well as injuries are not eligible for DSS. Local district health boards and ACC pay for support services for these conditions.

*If you live in the MidCentral region, children aged 0-8yrs with developmental delays are eligible for intensive early intervention support regardless of the above criteria.*

## Where do I start?

If you live in the MidCentral region, your first step is Mana Whaikaha.

If you live anywhere else in New Zealand, your first step is your local Needs Assessment & Service Coordination service (NASC).



# Overview of Personal Budget-holding options



## What is it?

Needs Assessment & Service Coordination services (NASCs) are typically the first step for a person to get government-funded disability support services.

## What can I use it for?

The type of support provided might include help with personal support, meals, household management, carer support, day programmes, and support provided by rest homes and private hospitals.

## How do I get it?

Find your local NASC organisation, get a referral form, complete the referral form, and your NASC will contact you.

## Where is it?

Nationwide (except in the MidCentral region)



# Overview of Personal Budget-holding options



## What is it?

A prototype of a new disability support system.

## Who can get it?

To be eligible for Mana Whaikaha, you need to live in the MidCentral region and have a disability that meets the criteria to receive funding for Disability Support Services (see page 1 for more information). Additionally, Mana Whaikaha is available for children and young people with developmental delays.

## How do I get it?

You have a choice to work with or without a Connector. Connectors help identify goals, apply for funding and assist access to supports.

Without a Connector you need to fill out a funding template and provide information—this will be reviewed and then a funding agreement will be developed that describes specific details.

### Where is it?

**MidCentral Region:**  
Palmerston North,  
Manawatu, Otaki,  
Horowhenua &  
Taranaki



# Overview of Personal Budget-holding options



## What is it?

Individualised Funding (IF) is a personal budget to pay for Home and Community Support Services (HCSS).

## What can I use it for?

You can use it to purchase Household Management and Personal Care provided by support workers (employees, contracted personnel or organisations) and pay costs relating to the employment of support workers.

You can purchase Respite through support workers or other opportunities where the full-time carer is able to have a break (including school holiday programmes or facilities).

IF cannot be used to employ or contract support workers who are: the spouse/partner or parents of the disabled person, or family members who live in the same house as the disabled person. IF cannot be used for costs related to medical supplies, equipment, home renovations, leisure, recreation and personal or family costs, and can't be used to increase the personal income of an individual or family.

## How do I get it?

1. Talk to your Needs Assessment & Service Coordination service (NASC).
2. Choose an IF host.

3. Discuss options with your IF host.
4. Work together to agree on the level of support needed and to develop an Individual Support Plan (ISP).
5. Your ISP is implemented, and Support Services (SS) are delivered.
6. SS are verified by your IF host.
7. Your host invoices the Ministry of Health.
8. Your IF host receives payment for supports delivered.

### Where is it?

**Nationwide** (except in the MidCentral region)



# Overview of Personal Budget-holding options



## What is it?

Enhanced Individualised Funding (EIF) is a demonstration of the ‘New Model for Supporting People’ in the Bay of Plenty. Money is received from the Ministry of Health to pay for home and community supports needed to live a good life. EIF aims to increase a person’s choice and control over and above Individualised Funding.

1. Collaborate with your LAC or NASC to create a document that outlines goals related to the life you want to live.
2. You will be referred to a host organisation that will work with you to manage your budget.
3. All support purchases are confirmed with the host organisation who then arrange for all the payments to be made.

## What can I use it for?

EIF can be used to purchase a wider range of supports in accordance with the New Model Purchasing Guidelines, as opposed to Individualised Funding which can only be used to purchase Home and Community Support Services and Respite.

EIF funding can be used to purchase goods and services you need due to being disabled (these are called ‘disability supports’), that help you progress towards your goals, and that are the responsibility of the Ministry of Health and not provided by other government agencies (such as education).

### Where is it?

Eastern & Western Bay of Plenty



## How do I get it?

Check your eligibility with your Local Area Coordinator (LAC) or Needs Assessment & Service Coordination service (NASC).

# Overview of Personal Budget-holding options



## What is it?

Enabling Good Lives (EGL) is an approach to supporting disabled people and involves partnership between government agencies and the disability sector. It is aimed at long term transformation of how disabled people and their families are supported in their everyday lives by offering greater choice and control over the supports they receive. EGL can bring together funding from the Ministry of Health, Ministry of Education and Ministry of Social Development in a single package.

## How does it work?

The EGL approach focuses on personal budgets and an option for Independent Facilitation. All supports and services are led by the individual and their preferences, and all government funders can contribute to the same funding pool. The individual can then decide how much control they want over managing their own funding pool.

Elements of the EGL approach were originally developed and tested in Christchurch. This was to demonstrate how the approach can be used to make it easier for people to live good lives of their own choosing. Elements of the EGL approach are also being implemented in the Waikato. 'Mana Whaikaha', a prototype for the transformed system which is based on the EGL approach, began in the MidCentral Area in 2018.

## Can I get it?

In Christchurch, the EGL approach is available to all school leavers with high or very high needs Ongoing Resource Scheme (ORS) funding.

In the Waikato, the EGL demonstration is full, and new people are unable to join at this stage. If you would like to be contacted if this changes, visit [enablinggoodlives.co.nz](http://enablinggoodlives.co.nz), then click 'Getting Involved', then 'How to Join'.

See 'Mana Whaikaha' on page 3 for more information on eligibility in the MidCentral area.

### Where is it?

- Waikato
- Christchurch
- MidCentral



# Overview of Personal Budget-holding options



## What is it?

Choice in Community Living (CiCL) is an alternative to residential services (a service funded through Needs Assessment & Service Coordination services (NASCs)) for people with significant disabilities. It offers more choice and control over where they live, who they live with and how they are supported.

## Who can get it?

- People who live in a residential service and want to leave and live independently in a home they can purchase or rent.
- People who live in their parents' or family home with disability support needs similar to people in residential services, and who want to live independently in a home they can purchase or rent.
- People who live in an unsustainable living arrangement with disability support needs that would require a referral to a residential service, which is not what the person or their family wants.

## How do I get it?

Local NASCs help people and families decide whether CiCL would be a good option for them, as an alternative to residential services. They can provide advice on what funding is available to achieve this.

### Where is it?

- Auckland
- Waikato
- Hutt
- Otago
- Southland



# Overview of Personal Budget-holding options



## What is it?

Carer Support funding helps carers take some time out for themselves.

## Who can I use it for?

Funding can be used for friends, some family members or neighbours who provide relief care as well as people who provide relief care in a formal setting, for example a rest home.

Funding cannot be used:

- While the full-time carer is at work.
- To pay a parent or partner of the disabled person.
- While the disabled person is in hospital.
- To pay a carer who lives at the same address as the client.

## How do I get it?

Funding is accessed through Needs Assessment & Service Coordination services (NASCs).

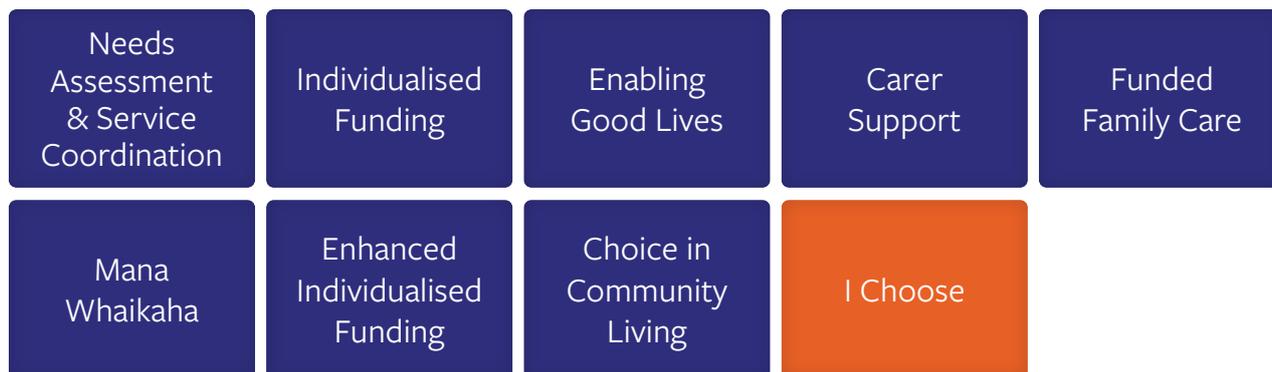
Carer Support will eventually be replaced with 'I Choose' funding.

### Where is it?

Nationwide



# Overview of Personal Budget-holding options



## What is it?

Carer Support funding is being replaced with a more flexible type of respite support called I Choose.

I Choose funding will make it easier for carers to have a break from caring responsibilities.

will be notified about I Choose when it is ready to be rolled out. In the meantime, you can apply for Carer Support funding through your Needs Assessment & Service Coordination service (NASC).

## Who can get it?

Full-time carers of a person with a disability, with an identified need for respite.

The key changes between Carer Support and I Choose are:

- You will be paid all the money you are allocated into your bank account.
- There will be no more Carer Support claim forms to fill in and post.
- You can work when using I Choose if you want to.
- The break you take can be any length you like (not a half day or full day like with Carer Support).
- You and the person or organisation providing the respite support or service can agree how much the support will cost.

### Where is it?

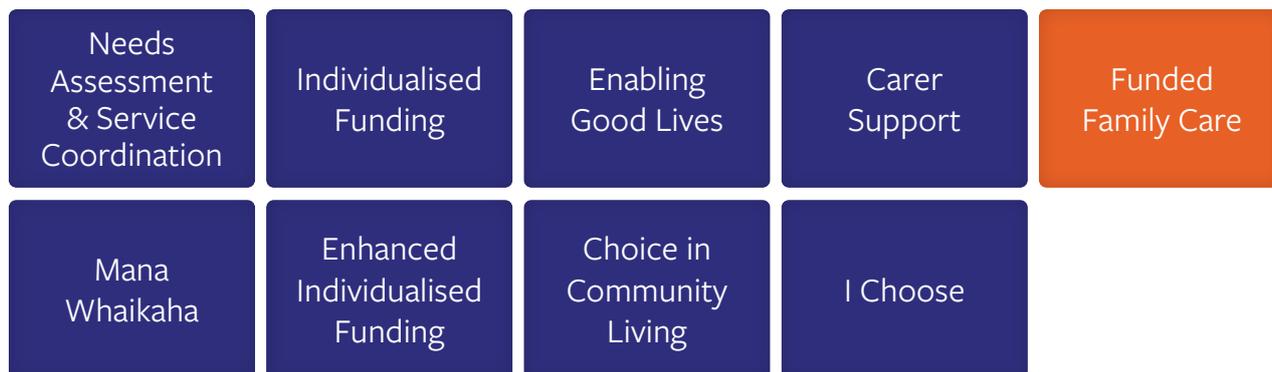
Nationwide



## How do I get it?

If you are currently receiving Carer Support, you

# Overview of Personal Budget-holding options



## What is it?

Funded Family Care is a support payment available for eligible disabled people to employ family members to help with household management and/or personal care.

## Who can get it?

Currently, Funded Family Care is only available for individuals over the age of 18, who live at home, and that have been assessed as having high or very high needs relating to a disability, a chronic long-term health condition, mental health needs, or aged care needs.

The family member that they choose to employ must be aged 18 years or older, live with the person receiving the support payment, cannot be the disabled person's spouse or de facto partner, and cannot work more than 40 hours a week.

## Changes

On 14 April 2020, Funded Family Care will change to expand the eligibility criteria for family members who can be employed. The age requirement will be reduced to 16 years or older, and de facto couples and spouses will be eligible to become funded family carers.

## How do I get it?

The pathway to Funded Family Care begins with contacting your local Needs Assessment and Service Coordination organisation (NASC). NASC will then meet with you to assess your eligibility for Funded Family Care, along with other disability supports.

*Please phone or email Parent to Parent if you would like more information:*

**0508 236 236 | [national@parent2parent.org.nz](mailto:national@parent2parent.org.nz)**

### Where is it?

Nationwide



# Overview of Personal Budget-holding options

## MORE INFORMATION:

Scan the QR codes below for more information on each of the Disability Support Services (DSS).

Alternatively, visit [carematters.org.nz](http://carematters.org.nz), navigate to the Resources menu and click on *Overview of Disability Funding in NZ*. The *More Info* buttons for each DSS, link to further information online.



Eligibility criteria  
for funding



Needs Assessment  
& Service  
Coordination



Individualised  
Funding



Enabling Good  
Lives



Carer Support



Funded Family  
Care



Mana Whaikaha



Enhanced  
Individualised  
Funding



Choice in  
Community  
Living



I Choose