



SAMS (Standards and Monitoring Service) is governed by disabled persons and families.

SAMS has equipped and supported disabled people, families and carers to be informed and effective leaders and influencers since 1979.

SAMS is committed to ensuring disabled people and families can be self-determining and their views are central to sector development.

SAMS is acknowledged as a world leading evaluation organisation.

The majority of SAMS staff are disabled persons and families working together for positive change.

To contact SAMS phone
0508 726 769 or phone 04 569 8301



CARE MATTERS

LEARNING & WELLBEING

A service provided by SAMS
and Parent to Parent



Care Matters is funded by the Ministry of Health



CARE MATTERS

LEARNING & WELLBEING

Current, relevant, practical free information and workshops for carers of children and adults with disabilities



Current, relevant, practical information for carers/
families/whānau of children and adults with disabilities

Interested?

in having a free workshop in your area

Workshops meet local interests and needs
and occur throughout New Zealand.

Topics many carers have requested at
previous workshops include:

- What resources are available?
- Managing stress
- Effective communication
- Understanding funding
- Planning for the future

Check out the Care Matters website or call
us on our freephone number to find out
about workshops in your local area.

Website: www.carematters.org.nz

Freephone: 0508 236 236

**Contact Care Matters on freephone 0508 236 236 or
call/text on 027 414 5267 or email samsno@actrix.co.nz**

Our facilitators have lived experience

