



FAMILY WHĀNAU RELATIONSHIPS

- **SIBLINGS** what is the role of any sibling?
- **TEENS** eek .. what happened to my baby???
- **PARTNERS** or not
Fatigue, breaks in sleep cycles, stress and lack of time together
- The wider **WHĀNAU** Support or not?
- AND FINALLY.....**WHAT ABOUT ME?**



COMMUNITY RELATIONSHIPS

- INCLUSION
- ACCEPTANCE

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- EXCLUSION
- REJECTION



- RIGHTS <https://www.hrc.co.nz/your-rights/people-disabilities/your-rights/>
- WHAT ARE MY EXPECTATIONS OF MY COMMUNITY?
- WHAT CAN I OFFER TO MY COMMUNITY?

SCHOOL

- What does and can inclusive education look like?

- BULLYING

- COMMUNICATION to ensure relationships stay positive and for the best outcome


- Rights <https://www.hrc.co.nz/your-rights/people-disabilities/our-work/disabled-childrens-right-education/>




FRIENDSHIPS

- The power of friendship

Isolation 

Loneliness 

Understanding 

Acceptance 

- Reducing isolation

- Finding friendships and finding a space to be me

- Connections, boundaries and protecting yourself



Useful Links



- http://raisingchildren.net.au/articles/disabilities_your_relationship.html
- https://www.ted.com/talks/maysoon_zayid_i_got_99_problems_palsy_is_just_one
- <https://skylight.org.nz/Siblings+Support+Page>
- https://www.ted.com/talks/stella_young_i_m_not_your_inspiration_thank_you_very_much
- <https://parent2parent.org.nz/services/sib-support/>
- <https://www.wikihow.com/Treat-Children-and-Teens-With-Special-Needs>